



Reunion Workshop

DCO Cairns Social Workers are conducting a
3hr Reunion and Reintegration workshop
for Defence members and their partners on

Wednesday 3rd March 2010
09:30am – 12.30pm
(child care available)

Share your experiences and hot tips

Key topics discussed will include:

- Stages of the Emotional Cycle of Deployment: Separation, Anticipation and Homecoming, Renegotiation of Relationships/ Roles, and Reintegration and Stabilisation.
- Find out what each of you do or don't do during the deployment that can impact negatively or positively on reunions
- Coping with the changes in each other
- Re-establishing couple routines/roles without conflict
- Stabilising your relationship once the absent partner has returned



To RSVP contact DCO Cairns by
Wednesday 24th February 2010
Dco.cairnsfunctions@defence.gov.au
(07) 40539300