

Defence Kids Program

RSVP: 10 July 09
Limited Places

**NEXT PROGRAM
BEGINS: 22 July 09**
*From 3.30—5pm
For 5 weeks.
Dates can possibly be
negotiated.*



Kids comments:

“I want to come to the next program, when is it?”

“I made some new friends and we visit each other all the time!”

“I had fun and the food was great! My sister wants to do this as well!”

This 5 week program for primary school aged children (grades 2-6) is facilitated by Defence Social Workers and has been designed to provide the children with strategies and skills to cope with and adjust to family separations, disruptions and change.

Topics covered are: understanding the Defence parent’s job; problem solving; managing change; positive thinking; making & keeping friends; & building self – esteem.

Parent Information Session will be held Wednesday 22 July 2009 from 3.30-5pm.

Afternoon tea is provided each week for the kids.

For registrations and/or information phone DCO on
07-40539300